

Emergency Management Training Course Outline

BASIC LIFE SUPPORT FOR HEALTH CARE PROVIDERS

The goal of the BLS for Healthcare Providers (**American Heart Association accredited**) Course is to train participants to save the lives of cardiac arrest victims through high-quality cardiopulmonary resuscitation (CPR). The AHA designed the course to prepare healthcare professionals to know how to perform CPR in- and out-of-hospital settings. This course comprises of 36 modules and teaches the skills of CPR and Choking for victims of all ages, including ventilation with barrier devices, pocket masks, bag-valve-mask devices with supplemental oxygen, and the use of Automated External Defibrillators (AED).

Our Basic Life Support for Health Care Providers course covers the following topics:

Adult

- BLS / CPR Basics for Adults
- 1 Rescuer: CPR with AED Demo
- Assessment and Scene Safety
- Chest Compressions for Adult Victims
- Airway and Breathing
- Adult Compressions and Breaths Practice
- Breaths with Bag-Mask for Adult Victims
- Rescuer Adult BLS / Team CPR Sequence

AED (Automated External Defibrillator)

- Defibrillation: AED Introduction and Use
- AED Special Situations and Safety
- Using the AED Trainer

Child

- Introduction to Child BLS / CPR
- Chest Compressions for Child Victims

1 and 2 Rescuer. Adult (with AED) and Infant BLS skills test

Infant

- Introduction to Infant BLS / CPR
- 1 and 2 Rescuer: Infant BLS / CPR Demo
- 2 Finger Chest Compressions for Infant Victims
- Breaths with Bag-Mask for Infant Victims
- 2 Rescuer: Infant CPR / 2 Thumb – Encircling Hands Chest Compressions
- 1 and 2 Rescuer: Infant BLS / CPR Practice Session
- AED for Infants and Children from 1 - 8 years of Age
- CPR with an Advanced Airway
- Rescue Breathing
- Mouth-to-mouth Breaths for Victims 1 year or older

Chocking

- Adult / Child Choking (responsive / unresponsive)
- HCP 30 Infant Choking (responsive / unresponsive)

Certification:	Basic Life Support for Health Care Providers (BLS HCP) accredited by the American Heart Association (AHA) valid for two (2) years, with a CPD certificate accredited by the Health Professions Council of Namibia (HPCNA) for 16 CEU's.
Test (Multiple-choice):	84% - <i>Student results will be calculated on both the theoretical and practical components of the course</i>

Duration	CPR & Choking	AED Module	First Aid Module	BVM Module	Textbook - Page	Skills Test	Written Test	CPD Points	Certificate Valid
6 HOURS	YES	YES	NO	YES	110	YES	YES	15 CPD	2 YEARS

RENEWAL

A **Renewal (aka Refresher)** course is available for candidates that have already previously completed a Basic Life Support for Health Care Providers Course with us. For the Renewal Course the candidate will need to write a test on the morning the course starts to measure the knowledge retainment of the BLS information. If the test is passed with 84% the candidate can complete the Basic Life Support for Health Care Providers Course. The candidate must provide his/her own **CURRENT** BLS for Health Care Provider manual from the previous course attended.

Test (Multiple-choice):	84% - <i>Student results will be calculated on both the theoretical and practical components of the course</i>
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