

## Emergency Management Training Course Outline

### FIRST AID CLASS A

The **First Aid Class A** course is recommended to companies or individuals who need to comply with the Labour Act or who are interested in gaining a comprehensive understanding of common First Aid emergencies and how to react to them. After successful completion of the Course a certificate is issued which is valid for three (3) years.

*Our **First Aid Level A** course covers the following topics:*

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| <ul style="list-style-type: none"> <li>• <b>Legality</b> <ul style="list-style-type: none"> <li>○ Responsibilities of a First Aider</li> <li>○ The principles of First Aid</li> <li>○ The Call for Help</li> <li>○ Basic Terminology</li> <li>○ Basic Anatomy and Physiology</li> <li>○ Safety and Scene management</li> <li>○ The Primary and Secondary Survey</li> </ul> </li> <li>• <b>Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED)</b></li> <li>• <b>Medical Emergencies</b> <ul style="list-style-type: none"> <li>○ Breathing difficulties, Choking, Heart Attack, Diabetes, Stroke, Seizures, Allergic Reactions.</li> </ul> </li> <li>• <b>Shock</b></li> </ul> | <ul style="list-style-type: none"> <li>• <b>Trauma Emergencies</b> <ul style="list-style-type: none"> <li>○ Wounds &amp; Bleeding, Abdominal Injuries, Chest Injuries</li> <li>○ Head, Neck and Face Injuries</li> <li>○ Musculoskeletal Injuries and Fractures, Pelvis Injury</li> <li>○ Burn Wounds</li> </ul> </li> <li>• <b>Environmental Emergencies</b> <ul style="list-style-type: none"> <li>○ Bites and Stings</li> <li>○ Heat and Cold Related Injuries</li> <li>○ Poisons</li> </ul> </li> <li>• <b>Evacuation and Transportation</b></li> <li>• <b>Covid-19</b> <ul style="list-style-type: none"> <li>○ WHO Guidelines</li> </ul> </li> </ul> |
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Certification:	First Aid Class A certificate (Valid for three (3) years) (approved by Ministry of Labour)
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Test (Multiple-choice):	70% - <i>Student results will be calculated on both the theoretical and practical components of the course</i>
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Duration	CPR & Choking	AED Module	First Aid Module	BVM Module	Spinal Immobile.	Textbook - Page	Skills Test	Written Test	CPD Points	Certificate Valid
<b>3 DAYS</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>NO</b>	<b>YES</b>	<b>64</b>	<b>YES</b>	<b>YES</b>	<b>NO</b>	<b>3 YEARS</b>

### RENEWAL

A **Renewal (aka Refresher)** course is available for candidates that have already previously completed a Class A First Aid Course with us. For the Renewal Course the candidate will need to write a test on the morning the course starts to measure the knowledge retention of the Class A information. If the test is passed with 70% the candidate can complete the Class A Refresher Course and will receive a 3-year Class A certificate again.

Certification:	First Aid Class A certificate (Valid for three (3) years) (approved by Ministry of Labour)
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Test (Multiple-choice):	70% - <i>Student results will be calculated on both the theoretical and practical components of the course</i>
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Prerequisite / Requirements	Candidate must submit proof of previous course completion (certificate) prior to course date.
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Duration	CPR & Choking	AED Module	First Aid Module	BVM Module	Spinal Immobile.	Textbook - Page	Skills Test	Written Test	CPD Points	Certificate Valid
<b>1 DAY</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>NO</b>	<b>YES</b>	<b>64</b>	<b>YES</b>	<b>YES</b>	<b>NO</b>	<b>3 YEARS</b>

